A Teachers Guide to Skodel

The Simple Way to Skodel

skodel

Skodel Welcomes All Teachers

This is a short guide to support teachers using Skodel. The following guide outlines the purpose of Skodel, how it works for students and ways in which you, as a teacher, can interact with it to support student wellbeing.

What is Skodel

With Skodel, students are sent short check-ins via email or the mobile app. Check-ins help them reflect on their emotions in a comfortable way. Students can access resources and create their own plan to improve their wellbeing. Insights and easy ways to respond help you support your students on their wellbeing journey

The Student Experience

4 STEPS TO BEST ENGAGE WITH SKODEL

Step 1
Activate your account

You will receive an activation email to set your password. Be sure to check your spam folder if it has not come through to your main inbox. Below is a video on logging in:

Activating Your Account

Step 2
Introduce your students to Skodel

As a teacher your main aim when introducing Skodel to students is to give them a valid reason as to why they should complete their check-ins. Click the button for some fun exercises you can do to help with this.

Informing Students

Step 3
See how your students are going

When you want see how your students are feeling, go to app.skodel.com and login. You can respond to students from within Skodel using Skodel Reactions. Reactions enable you to like, celebrate and comment back to students quickly and easily.

Viewing Student Check-Ins

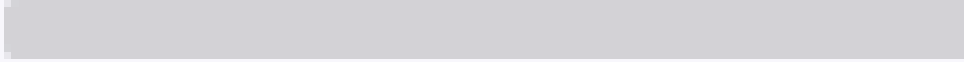# Step 4
Encourage students to create their plan

From their dashboard, students can create and track their own personal plan to better wellbeing. We will help them create an effective plan with suggestions. They can login at check-in.skodel.com
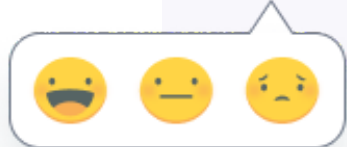
Getting started with planner

That's it!

We hope you found this guide to be useful. If you have any questions you can view 'Skodel's Help Centre' via https://help.skodel.com/.

The Skodel Team