



# AIS Dubai and Skodel - enhancing wellbeing in education

## Context

<b>School</b>	Australian International School
<b>Enrolment</b>	300+
<b>Established</b>	2021
<b>Integrations</b>	Single Sign On

Australian International School Dubai (AIS) has partnered with Skodel to support the consistent collection of feedback from students and staff in order to gain wellbeing insights across the school. The focus is on understanding factors within the

school's control that influence wellbeing. With wellbeing as the underpinning element in the delivery of the Australian curriculum, this understanding is central to AIS's approach in providing targeted support to continue to enhance the wellbeing within their community.

## Emphasis on Wellbeing highlighted by KHDA Inspections

Dubai's governing educational body, Knowledge and Human Development Authority (KHDA) identifies wellbeing as a key pillar in its inspection framework. This emphasis signifies the growing recognition of wellbeing's role in education, a stance embraced by AIS Dubai.

*"The importance of wellbeing in any organisation cannot be overstated as the key element required for the success of our students and staff. We believe wellbeing processes should be consistently reviewed to ensure they remain effective and relevant. Skodel has played an ongoing key role in supporting us to meaningfully review our systems and processes by ensuring we are able to check in regularly with our staff and students. It's practical, enabling us to gather accurate data efficiently then act upon it authentically." ~ Karen McCord, Principal AIS Dubai*

AIS recognises that the objective is not a zero issue environment but rather, it ensures there are manageable processes in place, enabling the best support possible. Stress and challenges will be part of any organisation, however, AIS is dedicated to ensuring that where there are feasible solutions, they do their best to implement them, and can evidence that.

## Skodel's role at AIS Dubai

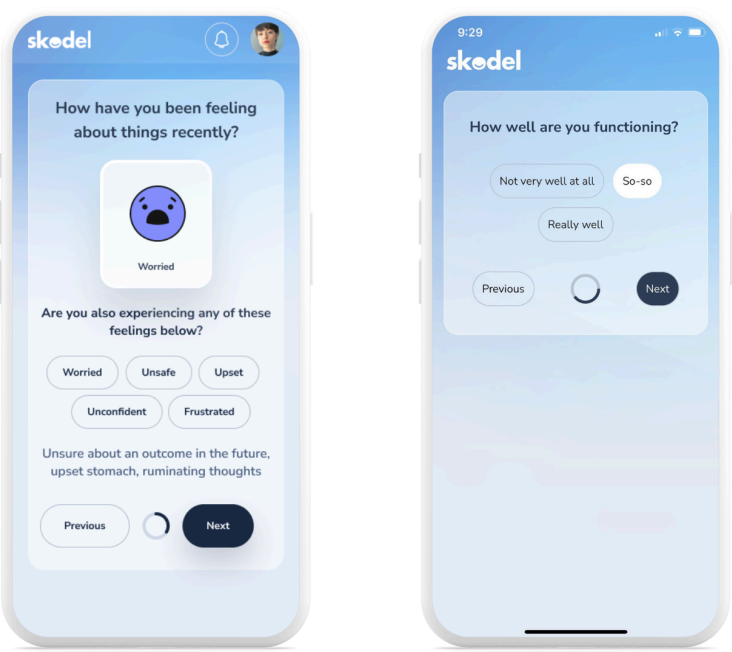
- **Quarterly wellbeing checks:** AIS conducts checks on a quarterly basis, utilising Skodel's platform to gain timely insights into the wellbeing of its community.
- **Action plan development:** Collaborating with Skodel, AIS develops and maintains action plans to address the specific needs identified through the wellbeing data.
- **Inspection reporting for KHDA:** With Skodel's support, AIS creates detailed wellbeing reports for KHDA inspections, showcasing their commitment to prioritising wellbeing.

## Details about the approach

Key Information	Details
Survey Frequency	Quarterly
Survey Length	Less than 1 minute
Survey focus	Understand how people are feeling, how well they are functioning and what factors within the school are contributing to that
Action Plan	Developed and maintained with Skodel
Inspection Reporting for KHDA	Developed with support from Skodel

AIS's transition to shorter surveys was a strategic move aimed at improving engagement and data quality. This decision was based on the understanding that shorter surveys lead to higher completion rates and more actionable insights, with minimal disruption to daily routines.

## Using the data to get important signals - beyond emotions



Emotions can be customised along with question text

AIS uses Skodel not just to understand how people are feeling but to gauge when something is impacting a person's ability to function. It's an important signal to guide support efforts. People will feel stressed at times but if that stress is causing people to shut down (not able to function) it's not beneficial for anyone.

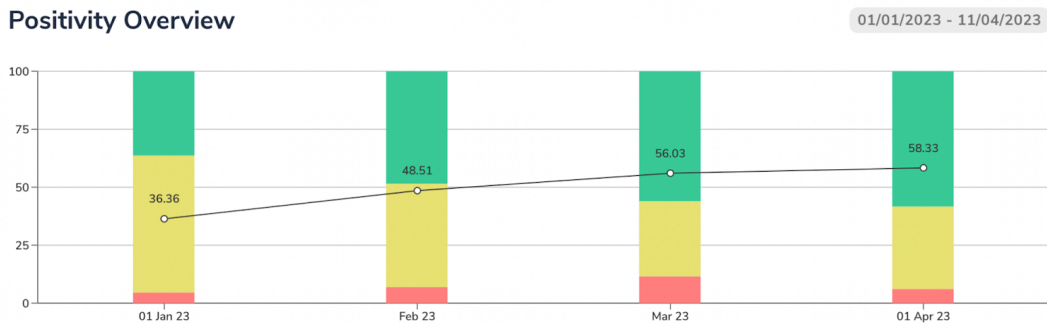
This approach is proactive but ensures a balanced response that supports without overreacting to data that reflect normal, manageable situations.

*"We have found Skodel to be a useful tool in collecting data about teacher and student wellbeing. The data is easy to use and the implications are relevant and practical to apply in a*

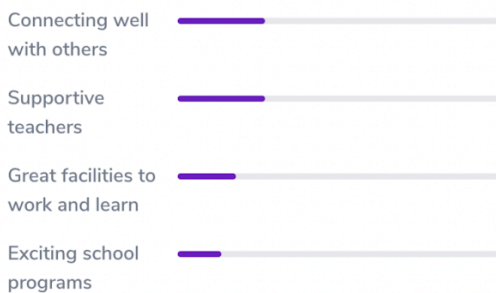
school context. Their team has been efficient and supportive from explaining the process, setting up the technology to run check-in, to creating user-friendly reports. It provides just the right level of detail that is practical for teachers and students to use, it is not overly lengthy to fill out the check in, nor to read and implement the report.” Sanobia Palkhiwala

## Reviewing and evidence effectiveness

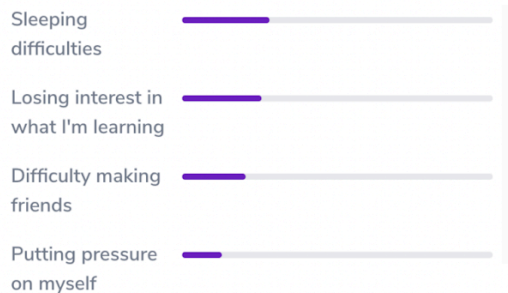
Because Skodel is quick, AIS is able to easily compare how things have changed overtime to evidence and review the effectiveness of their approach to wellbeing. The below bar graph can be filtered to track the number of students reporting sleeping difficulties or number of staff reporting excessive job demands.



### What's going well



### What could be better



Note: not actual data, just for illustrative purposes to demonstrate the visuals AIS is using to understand student voices in wellbeing.

## Why doing this is important and beneficial for schools

For schools, there are a range of potential benefits in doing this. These can include:

- **Preventing concerns from escalating:** If students or staff are experiencing a challenging time at school or as a result of school, it's important to address these issues early. Being able to address them early avoids escalation.
- **Building trust from parents and the community:** Being able to point to a tangible and proactive initiative builds trust and strengthens relationships within the school community e.g. parents, students, governing bodies and media outlets.
- **Enhanced funding opportunities:** Should funding opportunities arise for your school, it is important to have data and evidence of your commitment to wellbeing and safety.

## Learn more about AIS's approach to student voice and wellbeing

For school leaders interested in learning more about this approach or Skodel's capabilities, reach out to [info@skodel.com](mailto:info@skodel.com)

## **Skodel security**

Skodel is registered with Safer Technology 4 Schools (ST4S), an initiative of Australian Departments of Education that sets and reviews information security standards of services such as Skodel.